



## Instituto Técnico Hispano Omega

Spring, TX

◀ Hereby make I know that ▶

# Zoila Carolina Ayala Molina

Class No NA2114

Has successfully completed all the curriculum requirements

## Basic Nurse Assistant Training Program

Date Nov 18-2024 to May 15-2025

LORENA PEREIRA

Lead instructor program coordinator

In testimony where of, the seal and the signature of its pertinent official here unto affixed issue at Spring, TX 15 Day of May 2025



## Instituto Técnico Hispano Omega Basic Nurse Assistant Training Pro-

### Module I: Introduction to nursing

Section 1: History and evolution of nursing.  
Section 2: Definition of the term "nursing assistant" and functions that must be performed.  
Section 3: The nursing assistant as a member of the health team: Multidisciplinary team.  
Section 4: Training and practice of the nursing assistant: Training of the nursing assistant.  
Section 5: Nursing assistant at different levels of care: Levels of care.

### Module II: Patient unit

Section 1: Needs of the sick person.  
Section 2: Procedure to help mobilize and feed the patient.  
Section 3: Management of aseptic techniques.  
Section 4: Basic nursing activities.  
Section 5: The nursing assistant at patient discharge.

### Module III: Procedures

Section 1: The human being as a biopsychosocial system.  
Section 2: Approach to the role of nursing assistant.  
Section 3: Skin hygiene and patient grooming procedures.  
Section 4: Muscular skeletal system Body positions and mobilizations.  
Section 5: Pressure ulcers.  
Section 6: Vital signs.  
Section 7: Respiratory System Procedures.  
Section 8: Procedures of the digestive system.  
Section 9: Food and nutrition.  
Section 10: Urinary System Procedures.  
Section 11: The newborn.  
Section 12: Surgical Therapeutics Perioperative Care.  
Section 13: Drug Therapeutics.  
Section 14: Electrocardiograms.  
Section 15: Procedure to help mobilize and feed the patient

### Module IV: Emergencies.

Section 1: Behavior in emergency situations.  
Section 2: Resuscitation.  
Section 3: Curettage, bandaging and splinting of extremities.  
Section 4: Accidents, sutures and loss of consciousness.  
Section 5: Extreme situations.

### Module V: Surgical unit

Section 1: Introduction to medical-surgical nursing.  
Section 2: Most common medical-surgical diseases.  
Section 3: Activities of the nursing assistant in the care of a surgical patient.  
Section 4: Care of patients with immediate complications after a surgical procedure or surgery.

### Module VI: Maternal - child

Section 1: Introduction to medical-surgical nursing.  
Section 2: Most common medical-surgical diseases.  
Section 3: Activities of the nursing assistant in the care of a surgical patient.  
Section 4: Care of patients with immediate complications after a surgical procedure or surgery.

### Module VII: Biosafety and other scope of the nursing assistant

Section 1: Biosafety: Concept of Biosafety.  
Section 2: Clinical Laboratory Venipuncture and Phlebotomy.  
Section 3: Geriatric care.  
Section 4: Psychiatric Care.  
Section 5: Vaccination.



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