Instituto Técnico Hispano Omega

Dallas, TX

Hereby make I know that

Zrisna Lorain Polo Quiroz

Class No NA2114

Has successfully completed all the curriculum requirements

Basic Nurse Assistant Training Program

Date May 23 -2023 to Mar 31-2025

In testimony where of, the seal and the signature of its pertinent official here unto affixed issue at Dallas, TX 31 Day of March 2025

LORENA PEREIRA
Lead instructor program coordinator

Instituto Técnico Hispano Omega

Basic Nurse Assistant Training Pro-

Module I: Introduction to nursing
Section 1: History and evolution of nursing.
Section 2: Definition of the term “nursing assistant” and functions that must be performed.
Section 3: The nursing assistant as a member of the health team: Multidisciplinary team.
Section 4: Training and practice of the nursing assistant: Training of the nursing assistant.
Section 5: Nursing assistant at different levels of care: Levels of care.

Module II: Patient unit
Section 1: Needs of the sick person.
Section 2: Procedure to help mobilize and feed the patient.
Section 3: Management of aseptic techniques.
Section 4: Basic nursing activities.
Section 5: The nursing assistant at patient discharge.

Module III: Procedures
Section 1: The human being as a biopsychosocial system.
Section 2: Approach to the role of nursing assistant.
Section 3: Skin hygiene and patient grooming procedures.
Section 4: Muscular skeletal system Body positions and mobilizations.
Section 5: Pressure ulcers.
Section 6: Vital signs.
Section 7: Respiratory System Procedures.
Section 8: Procedures of the digestive system.
Section 9: Food and nutrition.
Section 10: Urinary System Procedures.
Section 11: The newborn.
Section 12: Surgical Therapeutics Perioperative Care.
Section 13: Drug Therapeutics.
Section 14: Electrocardiograms.
Section 15: Procedure to help mobilize and feed the patient

Module IV: Emergencies.
Section 1: Behavior in emergency situations.
Section 2: Resuscitation.
Section 3: Curettage, bandaging and splinting of extremities.
Section 4: Accidents, sutures and loss of consciousness.
Section 5: Extreme situations.

Module V: Surgical unit
Section 1: Introduction to medical-surgical nursing.
Section 2: Most common medical-surgical diseases.
Section 3: Activities of the nursing assistant in the care of a surgical patient.
Section 4: Care of patients with immediate complications after a surgical procedure or surgery.

Module VI: Maternal – child
Section 1: Introduction to medical-surgical nursing.
Section 2: Most common medical-surgical diseases.
Section 3: Activities of the nursing assistant in the care of a surgical patient.
Section 4: Care of patients with immediate complications after a surgical procedure or surgery.

Module VII: Biosafety and other scope of the nursing assistant
Section 1: Biosafety: Concept of Biosafety.
Section 2: Clinical Laboratory Venipuncture and Phlebotomy.
Section 3: Geriatric care.
Section 4: Psychiatric Care.
Section 5: Vaccination.

Zrisna Lorain Polo Quiroz
201-59-3280
Student ID Number
5762

Class No Na 2114
Date May 23-2023 to Mar 31-2025

LORENA PEREIRA
Lead instructor program coordinator